



Canisius Centre of Ignatian Spirituality

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Special events during May and June 2009

11th – 18th May

Sadhana Retreat

This is a six day live-in group contemplation retreat based on Jesuit Anthony de Mello's book ***Sadhana***. Sadhana means "experience" and is an ideal word to describe Ignatian spirituality and The Spiritual Exercises where reflection on everyday life experience leads to prayer, freedom, discernment, choices, growth and a fuller life.

Arrive Monday 4.00pm 11th May Depart Monday 9.00am 18th May Live-in \$570.
All meals provided

22nd – 24th May

Praying for Friends and Enemies

This weekend retreat will provide opportunity to discover where our images of God originated, and will then go on to look at how we can authentically pray for both friends and enemies. Live in only \$80.00 per day.

6th – 8th June

One, Two or Three Day Retreat: Beatitudes

Use the long weekend as an opportunity for some quiet, peace & prayer. This retreat is especially designed for busy people, or for those who may not have any previous experience of a silent retreat. You may wish to live in for one, two or three days or you may prefer to come in from 9 - 4 each day. Live in \$80 per day – Live out \$45 per day.

13th June 10am – 3.00pm

Listening to your Desires

Listening to our desires helps us to a maturity that places our energies and desires at the service of others and keeps us noticing the desires that dissipate our energies. \$30.

16th – 18th June

Composing My Hymn of Creation

Our truths and our longings are the creation hymn we've been yearning to sing all our lives. Through group conversation we will begin to ask ourselves how singing our creation hymn can strengthen our lives and the lives of others. Live in \$300, Live out \$150.

20th – 21st June

Name of Grace

A silent weekend retreat designed to help participants discover their "Name of Grace" – a very specific, particular, individual name which indicates the way God calls and missions us. Our Name of Grace reminds and inspires us as we respond to God's love and the mission that is the consequence of this love. Live in \$80 per day, Live out \$45 per day

27th June 10am – 3.00pm

Making Better Decisions

St Ignatius drew sets of rules from the tradition of the Church, and his own experience, that enables him to make better decisions. These rules or guidelines are as helpful to us today as they were for him. \$30.

For bookings please phone
(02) 9488 4524 or
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Website: www.cis.jesuit.org.au